Concerns: __________________________
Date of birth: __________________________

Dear colleague,

Because of cardiologic and/or genetic evidence of Brugada syndrome in the patient mentioned above, I advised him/her not to take the following prescriptions:

**DRUGS TO BE AVOIDED**

**Antiarrhythmic drugs**: Ajmaline, Allapinine, Ethacizine, Flecainide, Pilsicainide, Procainamide, Propafenone

**Psychotropic drugs**: Amitriptyline, Clomipramine, Desipramine, Lithium, Loxapine, Nortriptyline, Oxcarbazepine, Trifluoperazine

**Anesthetics / analgesics**: Bupivacaine, Procaine, Propofol

**Other substances**: Acetylcholine, Alcohol (toxicity), Cannabis, Cocaine, Ergonovine

*For advice please visit [www.brugadadrugs.org/emergencies](http://www.brugadadrugs.org/emergencies)*

**DRUGS PREFERABLY AVOIDED**

**Antiarrhythmic drugs**: Amiodarone, Cibenzoline, Disopyramide, Lidocaine*, Propranolol, Verapamil, Vernakalant

**Psychotropic drugs**: Bupropion, Carbamazepine, Clothiapine, Cyamemazine, Dosulepine, Doxepine, Fluoxetine, Fluvoxamine, Imipramine, Lamotrigine, Maprotiline, Paroxetine, Perphenazine, Phenytoin, Thoridazine

**Anesthetics / analgesics**: Ketamine, Tramadol

**Other substances**: Dermenhydrinate, Diphenhydramine, Edrophonium, Indapamide, Metoclopramide, Terfenadine/Fexofenadine

* Lidocaine use for local anesthesia (e.g. by dentists) does seem to be safe if the amount administrated is low and if it is combined with adrenaline (epinephrine) which results in a local effect only.

Further, in case of fever, close (electrocardiographic) monitoring is appropriate in combination with lowering of the body temperature (e.g. by using Paracetamol/Acetaminophen).

Please be aware of the active drugs in medicines that contain a combination of drugs. Further, the presence or absence of a particular drug on this list do not preclude a certain harmful or safe use of that particular drug in this patient respectively.

For the most recent recommendations (and the disclaimer) on drugs to be avoided by Brugada syndrome patients, please visit [http://www.brugadadrugs.org](http://www.brugadadrugs.org).

Sincerely yours,

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Drugs to avoid in Brugada syndrome patients January 2015