

concerns: _____

date of birth: _____

Dear colleague,

Because of cardiologic and/or genetic evidence of Brugada syndrome in the patient mentioned above, I advised him/her not to take the following prescriptions:

DRUGS TO BE AVOIDED

Antiarrhythmic drugs: Ajmaline, Flecainide, Pilsicainide, Procainamide, Propafenone

Psychotropic drugs: Amitriptyline, Clomipramine, Desipramine, Lithium, Loxapine, Nortriptyline, Trifluoperazine

Anesthetics: Bupivacaine, Propofol

Other substances: Acetylcholine, Alcohol (toxicity), Cocaine, Ergonovine

DRUGS PREFERABLY AVOIDED

Antiarrhythmic drugs: Amiodarone, Cibenzoline, Disopyramide, Lidocaine*, Propranolol, Verapamil

Psychotropic drugs: Carbamazepine, Cyamemazine, Dosulepine, Doxepine, Fluoxetine, Fluvoxamine, Imipramine, Maprotiline, Perphenazine, Phenytoin, Thioridazine

Anesthetics: Ketamine

Other substances: Demenhydrinate, Diphenhydramine, Edrophonium, Indapamide, Terfenadine/Fexofenadine

* Lidocaine use for local anesthesia (e.g. by dentists) does seem to be safe if the amount administrated is low and if it is combined with adrenaline (epinephrine) which results in a local effect only.

Further, in case of fever, close (electrocardiographic) monitoring is appropriate in combination with lowering of the body temperature (e.g. by using Paracetamol/Acetaminophen).

Please be aware of the active drugs in medicines that contain a combination of drugs. Further, the presence *or absence* of a particular drug on this list do not preclude a certain harmful *or safe* use of that particular drug in this patient respectively.

For the most recent recommendations (and the disclaimer) on drugs to be avoided by Brugada syndrome patients, please visit <http://www.brugadadrugs.org> .

Sincerely yours,
